



We began 2024 with a week of prayer and fasting, and we spent each day praying for different components of a vibrant, healthy Church to be developed in us individually and corporately! To continue the momentum, and to give the Holy Spirit our continued focus and desire to have His perfect work in us, we decided to read through the book *Celebration of Discipline: The Path Toward Spiritual Growth* by Richard Foster together as a church family.

We believe this season can be transformational...and we're going all in...together!

HOW TO PARTICIPATE:

- Get a copy of the book
- Join the Facebook group for *daily* interactions with fellow Ashford members to encourage one another in each topic
- Join the email list for weekly devotionals highlighting each discipline
- Attend the *monthly in-person* meetups for discussions and encouragement. Details to follow...be sure to join the Facebook group and email list for all updates and communications.

Scan QR code to...



Order Book



Join Facebook Group



Join email list

WWW.ASHFORDHOUSTON.COM/CODSTUDY



FEBRUARY – The Inward Disciplines

Prior to February 5th Read Introduction & Chapter 1
Feb 5th: THE DISCIPLINE OF MEDITATION Read Chapter 2
Feb 12th: THE DISCIPLINE OF PRAYER Read Chapter 3
Feb 19th: THE DISCIPLINE OF FASTING Read Chapter 4
Feb 26th: THE DISCPLINE OF STUDY Read Chapter 5

MARCH – The Outward Disciplines

Mar 4th: **THE DISCIPLINE OF SIMPLICITY** Read Chapter 6 Mar 11th: **THE DISCIPLINE OF SOLITUDE** Read Chapter 7 Mar 18th: **THE DISCIPLINE OF SUBMISSION** Read Chapter 8 Mar 25th: **THE DISCPLINE OF SERVICE** Read Chapter 9

<u>APRIL – The Corporate Disciplines</u>

Apr 1st: THE DISCIPLINE OF CONFESSIONRead Chapter 10Apr 8th: THE DISCIPLINE OF WORSHIPRead Chapter 11Apr 15th: THE DISCIPLINE OF GUIDANCERead Chapter 12Apr 22nd: THE DISCPLINE OF CELEBRATIONRead Chapter 13

If you have any questions, need a free book (as supplies last), or need any help, email dawn@ashfordcc.com